

# Fall Back Into Recreation

## Program offering options based on your comfort level

- Online programs at the *Virtual Rec. Center*.
- *Take it, Make it* programs offered at designated pick-up locations.
- **Currently on Hold:** In-person programs following ALL COVID-19 health & safety protocols.

## Winter Weather Cancellations

Cancellations will be announced on "WFSB" Channel 3 and on the Recreation Division's recording at 860.253.6420



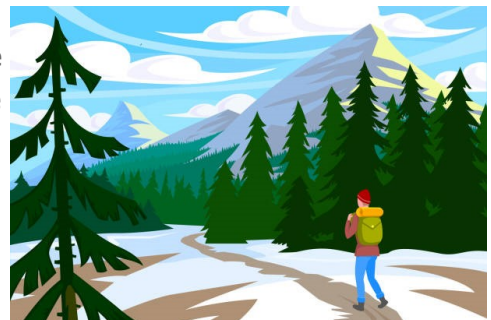
## RECREATION SPOTLIGHT: HIKING

Due to COVID-19 social distancing restrictions, Americans have increased their amount of outdoor recreation activities over the last year. "COVID Cabin Fever" has led to almost a 20% increase in hiking participation according to the *Outdoor Industry Association*. This industry increase can be seen around the State of CT as well as in our own hometown. Even in the dead of winter, folks are bundling up and hitting the trails!

Did you know that Enfield is home to a large section of the Scantic River State Park? Managed by the CT DEEP, the park spans 784 acres and runs through not only Enfield but the towns of East Windsor and Somers, too. The park can be accessed from several points, at no charge, and is a great place for birding, fishing and hiking. We encourage you to check out this wonderful natural resource located right here in town. Visit the CT DEEP website [here](#) to learn more about the Scantic River and to access a trail map.

Before hitting the trail, we encourage you to stop by our Virtual Rec. Center and check out our newly added section on hiking. Resources include trail maps, articles on safe winter hiking and more. We can't wait to see you out on the trails soon!

Warmly,  
Alison Alberghini  
Recreation Manager



**Look for the next issue of our newsletter in April 2021!**

# Recreation Programs

## **Winter Fishing Classes,** with CT DEEP CARE

The CT DEEP Fisheries Division CARE program is offering free virtual Learn to Ice Fish classes via ZOOM. Safety on the ice, how to dress for the cold, where to go, ice fishing equipment, baits, techniques and tactics and more will be covered during the ZOOM class. Experts will be available to answer all of your ice fishing questions.



**All classes start at 6:00 PM:**

Monday, February 1  
Wednesday, February 10  
Tuesday, February 16

Click [here](#) for complete information and to register

## **Babysitter Safety Course,** Ages 11-16

This course will teach age appropriate skills necessary to care for children of all ages. This course will focus on safety with an emphasis on prevention. Topics such as diapering, personal safety and basic first aid will be covered.

**Limit: 10.**

**April Break - Enfield Public Schools**

**Date:** April 14, 2021

**Time:** 9:00 AM - 2:00 PM

**Fee:** \$75.00 Residents (*Enfield residents only*)

**Location:** TBD

**Registration date TBA.**

**FREE**

## **DID YOU KNOW . . .**

Enfield Recreation offers FREE Take it, Make it and Cooped Up Crafts Cart activities and crafts each month? Relating to the current season and upcoming holidays, each month offers something new and different! View our latest newsletter and visit our [website](#) each month to see what we have in store! From simple to involved, we have a craft for you!

**different**

## **Take it, Make it Craft Kits**

### **Paper Plate Valentine Monster**



- ♥ Ages 3-6
- ♥ Available **February 1-26, 2021** or while supplies last

### **Conversation Heart Caterpillar Sign**



### **Rainbow Lacing Craft Kit**



- ♥ Ages 6+
- ♥ Available **March 1-31, 2021** or while supplies last

## **The Details...**

- \* These crafts are **FREE** and **open to Enfield residents only**.
- \* Call the Recreation Office at 860.253.6420, M-F, 8AM-4PM to reserve your craft (24 hour hold).
- \* Crafts will be available for pick-up at the Recreation Office, during regular office hours.
- \* Click [here](#) for complete February program details and [here](#) for complete March program details.

# Virtual Rec Center & Trivia

## VIRTUAL RECREATION CENTER

**Stay connected. Stay engaged. Get Motivated. Have fun!**

*Free online resources for folks of all ages and abilities!*

Our Virtual Rec. Center offers resources that include exercise and fitness, enrichment activities and crafts, learning a new hobby, virtual tours and adventures, outdoor activities, hiking and upcoming holidays. These resources are FREE and available 24 hours a day, 7 days a week. New resources are added regularly, so make sure to check out our Virtual Rec. Center frequently. Get active, get creative, engage your mind and have fun while at home!

### **CHECK OUT SOME VIRTUAL REC. CENTER SPOTLIGHTS:**

*Click on the images below to visit these Virtual Rec. Center resources!*



#### **No Equipment Cardio Workouts**

From HIIT, to Zumba, to Hip-Hop and beyond, these workouts are sure to get your heart pumping!



#### **Card Games for Kids**

Learn how to play a variety of different card games with the kids this winter!



#### **Kids Learn to Cook**

Find fun recipes that are easy to follow along with that include grocery lists, allergy substitution information and grown-up tips!



#### **Explore National Parks**

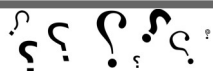
Follow park rangers on a journey to places most people never go in these virtual tours of different National Parks.



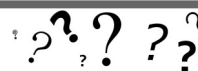
#### **Finding & Identifying Animal Tracks**

Learn what different animal tracks look like in this kid-friendly and easy to follow resource!

Check out our FREE [Virtual Rec Center](#) for more fun activities and resources!



## **February/March Holiday Trivia Contest**



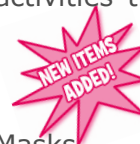
1. True or False: Punxsutawney Phil makes his yearly prediction at Gobbler's Knob.
2. What does the "S" in Harry S. Truman stand for?
3. How many billions of cards are estimated to be sent on Valentine's Day each year?
4. True or False: Arizona and Hawaii do not participate in Daylight Savings.
5. Legend says that each leaf of the Four Leaf Clover has a meaning: Hope, Faith, Love and what?
6. What does the word "Equinox" mean?

**Enter by sending an email with your family's answers to [bfairman@enfield.org](mailto:bfairman@enfield.org) by March 19. Those who respond with all correct answers will be entered into a drawing to win a fun prize!**

# The Cooped Up Crafts Cart

## FREE Activities for Kids!!!

Crafts Cart activities are great for those who are not comfortable attending an in person class, are unable to make an in person class or need an activity to fill their child's downtime with. This February and March we are offering a variety of *Cooped Up Crafts Cart* activities that correspond with the season and holidays.



### FREE Cooped Up Crafts Cart options include (while supplies last)...

- |                                |                             |                                |
|--------------------------------|-----------------------------|--------------------------------|
| ♥ CYO Valentines               | ♣ Rainbow Paper Chains      | θ Easter Bunny Masks           |
| ♥ Mini Heart Print Gliders     | ♣ Shamrock Beaded Bracelets | θ CYO Easter Puzzles           |
| ♥ Valentine Scratch Art        | ♣ Leprechaun Magnets        | θ Foam Easter Gliders          |
| ♥ DIY Valentines Day Cards     | ♣ Scratch Art Shamrocks     | θ CYO Bunny Hats               |
| ♥ Valentine Rocket Ship Magnet | ♣ CYO St. Patrick's Puzzles | θ Easter Pencils & Stickers    |
|                                |                             | θ <b>Plus MORE Activities!</b> |

### How to get a FREE Cooped Up Crafts Cart activity...

- ❄ Call the Recreation office at 860.253.6420 to reserve an activity (24 hour hold) and schedule a time for pick up.

- ❄ **Stop by and see us at a pick-up event (weather dependent):**

**Wednesday, February 3rd**, 11:00 AM - 12:00 PM at the Rotary Playground, Middle Road

**Wednesday, February 10th**, 9:30 - 10:30 AM at the Enfield Public Library, Middle Road

**Saturday, February 20th**, 10:00 - 11:00 AM at the Rotary Playground, Middle Road

**VISIT OUR [WEBSITE](#) LATER THIS MONTH FOR ADDITIONAL MARCH DATES.**

### Clair de Lune - A Valentine's Concert

via Zoom

Pianist Paul Bisaccia presents a concert of romantic music and popular favorites for your Valentine's celebration. Featured will be pieces by Gershwin, Liszt, Miller and Ellington. Bisaccia is a versatile performer of Classics and Americana. This concert will create romance and great memories.

**Saturday**  
**February 13, 2021**  
**2:00 PM**

Sponsored by the Enfield Culture and Arts Commission

Send an email to Lisa at [Lsprague@enfield.org](mailto:Lsprague@enfield.org) with your interest in this concert.



**ENFIELD RECREATION MISSES YOU!**

♥ Stay well and stay connected ♥



# RECREATION DIVISION

ENFIELD, CONNECTICUT

**ENFIELD RECREATION DIVISION**  
**124 NORTH MAPLE STREET**



**Phone:** 860.253.6420

**Email:** [Recreationsupervisor@enfield.org](mailto:Recreationsupervisor@enfield.org)

**Website:** [www.enfield-ct.gov/recreation](http://www.enfield-ct.gov/recreation)

**Office Hours:** M - F, 8 AM - 4 PM